



To: All AMR Contra Costa County Employees
From: Janice Nath-Studzinski, Administrative Supervisor
Date: July 16, 2020
RE: DMV Update- MEC Online

The Department of Motor Vehicles has launched an online system for the Medical Examiners reports to now be submitted electronically. Upon having this documentation completed, you may submit your MEC report via the following link:

<https://www.dmv.ca.gov/portal/dmv-virtual-office/medical-examination-report/>

Once you have submitted your MEC, you will receive a confirmation via email. That confirmation will need to be forwarded to Rebecca.Middleton@gmr.net along with a copy of your updated MEC. You will no longer be required to visit a local DMV office to submit your MEC. It is suggested you submit at least 30 days prior to the expiration of your current MEC.

Please see the On Duty Supervisor or me with any questions: Janice.Nath-Studzinski@gmr.net.

Thank you in advance.