Alcohol, Cannabis, Vaping and Drug Prevention MDUSD Comprehensive Online Resource List Updated 8.31.21

Resource Sections:

- 1. Local Contra Costa Alcohol, Cannabis and Drug Prevention Organizations
- 2. Cannabis, Alcohol and Drugs--General (Adult and Youth Info)
- 3. Cannabis, Alcohol and Drugs-- Educator-specific
- 4. Alcohol and drinking specific (Parent and Caregivers)
- 5. Cannabis and Vaping specific (Parents Caregivers and Educator Info)
- 6. Prescription Drugs and other Illicit Drugs (Parents, Caregivers and Educator Info)
- 7. Resources for Young People -- Cannabis/Vaping Specific
- 8. Resources for Young People -- Alcohol Specific
- 9. Resources for Young People -- Prescription and Other Drugs
- 10. LGBTQ+ Youth Specific

1. Local Contra Costa Alcohol, Cannabis and Drug Prevention Organizations

Contra Costa County Office of Education -- TUPE https://www.cccoe.k12.ca.us/cms/One.aspx?portalld=1077397&pageId=29313397

Contra Costa Meds Coalition <u>https://cccmedscoalition.org/</u>

Drug Free Concord https://www.drugfreeconcord.com/ en espanol aqui :https://es.drugfreeconcord.com/

DROC Instagram https://www.instagram.com/drocommunity/

Pride And Purpose https://www.pridenpurpose.com/

2. Cannabis, Alcohol and Drugs--General (Adult and Youth Info)

Be Blunt Campaign www.beblunt.org

"Talk They Hear You" Campaign by SAMHSA https://www.samhsa.gov/talk-they-hear-you/parent-resources

DrugFree.Org https://drugfree.org/prevention-and-taking-action-early

DEA Drug Facts https://www.dea.gov/factsheets

Partnership to End Addiction <u>https://drugfree.org/</u>

3. Cannabis, Alcohol and Drugs--Educator-specific

Drug Policy Alliance -- Safety First Curriculum https://drugpolicy.org/resource/safety-first-real-drug-education-teens

NIDA website for teens & teachers <u>https://teens.drugabuse.gov</u>

Alcohol, Tobacco & Other Drug Prevention <u>https://www.cde.ca.gov/ls/he/at/</u>

4. Alcohol and drinking specific (Parent and Caregivers)

MADD -- Mothers Against Drunk Driving (English and Spanish available) <u>https://www.madd.org/the-solution/power-of-parents/#resources</u>

Make a Difference: Talk to Your Child About Alcohol - Parents | National Institute on Alcohol Abuse and Alcoholism (NIAAA)

5. Cannabis and Vaping specific (Parents, Caregivers and Educator Info)

Parent Movement 2.0 <u>https://parentmovement2-0.org/</u>

Substance Free Athletics https://www.substance-free-athletics.org/

Johnny's Ambassadors https://johnnysambassadors.org/

Flavors Hook https://www.flavorshookkids.org/

PAVE https://www.parentsagainstvaping.org/

One Chance to Grow Up <u>https://onechancetogrowup.org/</u>

One Choice Prevention <u>https://onechoiceprevention.org/</u>

6. <u>Prescription Drugs and other Illicit Drugs (Parents, Caregivers and</u> Educator Info)

DEA 'Get Smart About Drugs' Parent Education Program https://www.getsmartaboutdrugs.gov/

DEA 'Buying Drugs on Line' https://www.getsmartaboutdrugs.gov/family/buying-drugs-online-%E2%80%93-what-youshould-know-how-protect-your-kids

Up and Away

<u>https://www.upandaway.org/</u> (includes downloadable handouts and even a coloring book for young kids)

7. <u>Resources for Young People -- Cannabis/Vaping Specific</u>

LGBTQ Minus Tobacco https://www.lgbtqminustobacco.org/quitting-smoking-vaping

TruthOUT https://truthinitiative.org/thisisquitting

Natural High https://www.naturalhigh.org/

Be Blunt Campaign www.beblunt.org

Cannabis Decoded https://www.cannabisdecoded.org/

Above the Influence.com https://abovetheinfluence.com/

KFTOS – Kids from the other side https://kftos.superstarplatform.com/What-is-KFTOS

ASAP Science - Your Brain on Drugs: Marijuana https://www.youtube.com/watch?v=oeF6rFN9org

8. <u>Resources for Young People -- Alcohol Specific</u>

10 rappers that don't smoke or drink alcohol https://www.youtube.com/watch?v=-jcfDuFfhNs

9. <u>Resources for Young People -- Prescription and Other Drugs</u>

NIDA for Teens https://teens.drugabuse.gov/

DEA 'Just Think Twice' Teen Education Program https://www.justthinktwice.gov/

10. LGBTQ+ Youth Specific

The Trevor Project https://www.thetrevorproject.org/

TransLifeLine https://translifeline.org/

Rainbow Center -- Local to Concord/Contra Costa County https://www.rainbowcc.org/youth-programs

Substance Use and SUDs in LGBTQ* Populations

PREVENTING SUBSTANCE ABUSE AMONG LGBTQ TEENS