



DATE: Monday, March 17, 2020  
TO: AMR Contra Costa Personnel  
FROM: Michael Johnson, Regional Director  
SUBJECT: COVID-19 Update – Restriction of Ambulance Riders

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Effective immediately, and for the duration of the COVID-19 pandemic response, AMR Contra Costa is implementing the below measures to protect our employees and patients. These restrictions are designed to greatly reduce close proximity contact within our ambulances. Please review the below restrictions carefully and contact your supervisor should you have any questions about their implementation.

**Riders:**

AMR typically allows a single rider (family/friend) to accompany a patient to receiving facilities. We are discontinuing this practice for both interfacility and 911 responses, with the below exceptions:

- Parents/guardians of a minor-aged patient (limited to one adult/caregiver)
- Law enforcement or other public safety personnel, as required to maintain patient/provider safety

The on-duty AMR Supervisor should be consulted prior to any deviations beyond the above exceptions.

**Ride-Alongs:**

All ride-alongs for non-essential personnel are being cancelled. This includes all EMT student ride-alongs, regardless of persons fit-testing status. AMR has notified our EMT training program partners of this change and will work to re-schedule ride-alongs after the COVID-19 response has concluded.

**Paramedic Internships:**

Paramedic internships will be allowed to continue, provided that the interns have been properly fit-tested by AMR and/or their paramedic training program. Paramedic interns that are not current AMR employees should bring a sufficient supply of their own N-95/P-100 masks provided by their paramedic training program. All other necessary personal protective equipment will be provided to interns by AMR as needed.